



NEW BERN BOXING, MMA & FITNESS PRESENT

IMPROVE YOUR FITNESS / GAIN SELF-CONFIDENCE / LEARN SELF DEFENSE MOVES

Spend some time with your loved ones!

MOM'S "PINK BELT CLASS"

1 MOM

Mom's Day

EARN YOUR PINK BELT WITH YOUR SON/DAUGHTER

In recognition of MOTHER'S DAY we are having a Moms day class. This class will be just for you and your child. At the end of the class ALL MOMS will receive their PINK BELT and a certification of participation signed by your child.

Featuring
Sensei Otis Waterman Jr.
Black Belt, Miyama Ryu Jujitsu, 3rd degree

DATES: Sunday, May 2, 2021

CLASS TIMES: 2 PM – 3 PM

3 PM – 4 PM

4 PM – 5 PM

Saturday, May 8, 2021

10 AM – 11 AM

11 AM – 12 PM

12 PM – 1 PM

\$20 PER MOM & CHILD(REN)

4110 H MLK Jr. Blvd

New Bern, NC 28562

252-514-3189

newbernkarateandfitness@gmail.com

Pre-registration highly encouraged to guarantee desired time slot